

PITTSFIELD POST

A FREE NEWSLETTER BY COMMUNITY VOLUNTEERS

"The Magic thing about home is that it feels good to leave, and it feels even better to come back." *Wendy Wunder*

July 17, 2024

Congratulations! Larry Konopka 2024 Pittsfield Citizen of the Year



Congratulations to Larry Konopka on being selected as the 2024 Pittsfield Citizen of the Year!

Here are some of the fabulous reasons Larry was selected as Citizen of the Year – taken from his nomination letter:

Larry is a savvy, hard-working, honest local businessman and a generous, caring, friendly and helpful man on a personal level. He has volunteered for and been elected to virtually every town board and committee in Pittsfield. When he joins a group or committee, he is always a hard worker and is very reliable. He is always prepared, having taken whatever the job is as seriously as he takes his role in his business.

Over the course of 20 years, Larry has served as Deputy Welfare Director, Deputy Building Inspector, Health Officer, Interim Town Administrator, Planning Board member, Budget Committee member, Chair of the Zoning Board of Adjustment, and Selectboard Chair. It would be difficult to find another community member who has served on such a wide variety of town positions or who has donated so many years to public service in Pittsfield. We are sure that there are other things that Larry has done for Pittsfield on an official level.

Larry has also given to the community on a personal level with unrecognized acts such as putting out the sidewalk flags for patriotic occasions, personally sanding and refinishing the Town Hall floors several times, asking only that the town accept it as a donation, and delivering pizza or donuts to the highway department during snowstorms. It has been stated that anytime we needed someone to step up and take a job, committee spot, or position for the town, the one person we could depend on to be willing to do so is Larry! All you have to do is mention the need, and he is there!

Larry has done his very best, willingly giving of himself for nearly every thankless job the town of Pittsfield has. During stressful or contentious situations, he meets the challenge head on and leads with skill and diplomacy.

Congratulations, Larry, on being selected as the 2024 Pittsfield Citizen of the Year, and thank you for all you have done and all you still do to help make Pittsfield a better place to live!

Come to Old Home Day parade to honor and congratulate Larry!

Pittsfield Town Crier

Would you like an event listed? Contact Andi Riel at pittsfieldtowncrier@hotmail.com or 603-435-6346

The **Pittsfield Old Home Day Cookoff** theme this year will be **S'more Sweet Adventures**. This event is sponsored by the Victory Workers 4-H Club. Everyone is invited to submit their BEST S'more themed Dessert and bring it to the 4-H Booth at Dustin Park by 8:45am on Sat, July 20. The public will pay \$1 for a bottle of water and try a small sample of each entry and then VOTE for their favorite. CASH prizes will be awarded: 1st- \$75, 2nd- \$50 and 3rd- \$25. Please contact Melissa Babcock at 603-496-3928 or email at pittsfieldoldhomeday@pittsfieldnh.gov to register.

There is still time to register for the Old Home Day parade. Line up at 10am on Clark St. Pre-registration is requested. Waiver form is available at www.pittsfieldnh.gov/old-home-day-committee or call Katie at 603-717-8335.

Have you signed up for summer reading yet at Josiah Carpenter Library? We have programs for all ages- kids through adults! 12 youth raffles, 3 teen raffles, 1 adult raffle; and trail mix for all participants upon registering; Adventure tags for kids and teens as they complete adventure and reading goals; Weekly scavenger for kids and teens; Monthly StoryWalk for families (ask for details); Help us with our parade float and End of summer ice cream celebration for all participants

July 9 - 30, August 1 - 5 Varsity Girls Summer Soccer - All sessions will be from 9 am to 11 am. Arrive 15 minutes early to put your gear on and review the day's training schedule. The regular season to begin shortly after August 15.

PMHS Girls basketball summer skill sessions for the Varsity level have started and are held on Mon, and Wed. from 4:30 - 6 pm. Middle School is holding skill sessions on Mon. from 6:30 - 8pm. Any changes to our schedule, will be posted on the PMHS Girls Basketball Program Facebook page as well as the PMHS Athletics page.

Coach LaRoche has announced that the **Boys PMHS Soccer program** will be holding skill sessions on Wednesdays, 6:30 - 8PM @ Drake Field. If your son is attending PMHS and plans on playing soccer (either middle school or varsity), please have them come to the skill sessions.

There is a new website for Pittsfield Youth Athletics. Register for recreational soccer '24 now. Also check out the Facebook page [Suncook Valley Soccer Club](#) (soon to be renamed). <https://www.pittsfieldyouthathletics.com>

The F. B Argue Recreation Area (aka Town Beach) is open. Hours will be Mon - Fri, 12-5pm. Children under the age of 10 must be accompanied by an adult.. Please NOTE - there will be **NO** Lifeguards on duty. The town beach area is available for rent during the weekends. *** Come down to the town pool every Friday to have a hot dog for lunch! Only \$1 from 2-3:30pm.

There is still time to sign up for **Swimming Lessons** - Session 2 is July 29 - Aug. 9. Cost is \$15/child per session (non-resident is \$30/child) Sign up information will be available at the F.B. Argue Rec Area.

The Drake Field Summer Recreation Program started on June 18 and will run until July 26. Hours are 8am until 12pm, Mon - Fri, unless there is a field trip. The program is free to Pittsfield children in grades 1-8, with a small charge for some field trips. Breakfast and lunch are provided free for those who want it. The program consists of sports, arts and crafts, games, and field trips. For more information contact Louise Sawyer at 603-267-6733. Louise Sawyer, Drake Field Rec Program

Dowboro Farm, 615 Dowboro Rd is open for the season - Thurs - Sat, 9:30am - 6pm and Sun 10:30-4pm. The 4-H Young Entrepreneurs have stocked up the store- please go and check it out!

PYW has changed their Summer Hours. PYW is open for Drop In hours from 2-6pm on Mon, Tues, and Wed. Thurs is TRIP DAY - Permission slips are required for trips and can be picked up at PYW during drop in hours. Fri - PYW is Closed. Please contact Ashley or Zach at [603-435-8272](tel:603-435-8272) or email at info@pittsfieldyouthworkshop.org for more info for all the great things happening this summer.

Senior Center Schedule- Mon. & Thurs. – 8-2pm and Wed. 7:30am –1:00pm. Activities include: Senior Community Lunch – M & TH at 12pm; Bingo M & TH – 10-11:45am; Cribbage & Games – W-10-12pm; Walking at the Center- M, W, TH- 8am-1pm; Sweatin to the Oldies- M & W at 9am and Chair Yoga- TH at 9am. For more information or if you have questions, call Anne at [603-435-8482](tel:603-435-8482).

Every Sat. BINGO is hosted by Pittsfield Youth Baseball/Softball Association. There's a great food menu along with games. It all benefits the children of Pittsfield for their baseball/softball program. Doors open at 3:30pm; bingo starts at 6 pm at Circle 9 Ranch in Epsom.

If you are a 501(c)(3), have you heard about the Globe Community Fund? Established by the former family owners of Globe Manufacturing Company, the donor-advised fund is administered by the New Hampshire Charitable Foundation. The purpose is to enhance community wellbeing with a focus on the towns of Pittsfield, Barnstead, Epsom, Northwood, Gilmanton, and Chichester. For more information and an application, email GlobeCommunityFund@globefiresuits.com

There are vacancies on the Budget Committee. Please contact Town Moderator Jackson Marston or the town hall if interested or have any questions. The application can be found on the town website www.pittsfieldnh.gov. Registration is open for the Suncook Valley Rotary Club Hot Air Balloon Rally "Anything That Floats River Raft Race". Sat, Aug. 3 at 12pm at Drake Field Boat Launch. Cash prizes for 1st, 2nd and 3rd place. Visit <https://nhballoonrally.org/events/river-raft-regatta/> for info and to register.

Victory Workers 4H will host its annual Cow Chip Bingo Contest on Sun. Aug 4 at 9am! A freshly fed cow will be placed in a roped off grid, each ticket purchased gets you a square on the grid. If the cow plops a chip on your square, you win \$500! In case of inclement weather or if the cow does not "plop" within an hour, a winner will be drawn by raffle ticket number. You do not need to be present to win. For more information, contact Pam Clattenburg at 603-435-0772 or Melissa Babcock at 603-496-3928 .

Vintage Hill Autumn Craft Fair will be on Sat, Sept. 21 from 9-1pm. Contact vintagehill@metrocast.net or 603-435-5133 for a registration form. Registration fee is \$25 for Inside space and \$20 for outside space. The deadline to register is Sat, Aug. 31.

Attention PHS Class of 1984 - It's our 40th Class Reunion this year!! Save the date, Sat, Sept. 14 at Murphy's Tap Room in Bedford. Invitations have been mailed and Facebook Event is live. Please RSVP as soon as possible. Contact Andi Grainger Riel at pittsfieldtowncrier@hotmail.com or 603-435-6346 for info

Happy Birthday wishes to my niece, Crystal Riel Foster on Thurs, July 18. Enjoy your special day!!



FREE Preschool for ages 3-5!*

FREE Home-Based program for pregnant parents and babies ages 0-3!*

Head Start Preschools are located in Pittsfield, Franklin, Concord, and Laconia.

Preschool hours are Monday-Friday 8:30 am to 12:30 pm.

Two meals provided daily at no cost to families for preschool children.

Enrolling now for the 2024-2025 school year.

*Eligibility guidelines do apply.

Scan below, visit www.capbm.org, or call

603-225-3295 ext. 1127 or email

Headstart@capbm.org for more information



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QUOTE**

Cook's Corner

Salmon Burgers and Crab Cakes

I know we live here in New England, the Land of the Lobster Roll, but here are two keeper recipes that I hope you will enjoy. Both are easy, uncomplicated recipes; the salmon burgers are clearly more within budget, while the crab cakes are a bit of a splurge. Both are super tasty and very low in carbs, for those who may be watching carb intake, as we are at our house. Either of these can be served on good quality bread rolls, as sammies; but they're also delicious toppers for a big salad. You could easily make these into smaller pieces and serve them as a lovely appetizer for your next get-together. Bon appetit! *MP Christakos*

Salmon Burgers

- 2 eggs, lightly beaten
- 1 (14.75 oz) can salmon, drained and flaked
- ¼ cup chopped fresh parsley
- ¼ cup breadcrumbs
- 3 TBSP lemon juice
- 2 TBSP finely chopped red onion
- 1 TBSP plus 2 tsp finely chopped fresh basil
- ¼ tsp crushed red pepper flakes
- 2 TBSP light mayonnaise
- 1 TBSP chopped fresh dill

Serve with Lemon Basil Mayonnaise. Heat griddle pan over high heat. Mix together eggs, salmon, parsley, breadcrumbs, 2 TBSP lemon juice, the onion, 2 tsp basil, crushed red pepper flakes in a bowl. Mix well to combine. Shape into 6 patties, 4 inch in diameter.

Cook patties, turning half way through, 3 to 4 minutes or until edges are dark brown and the patties reach 145 degrees.

Lemon Basil Mayonnaise

Stir together mayonnaise, dill and remaining 1 tsp each lemon juice and basil in a small bowl.

Serve salmon burgers with the lemon basil mayo.

Idea – serve in Greenleaf lettuce leaves, with thinly sliced red onion and slice tomatoes. Roasted turnips and cole slaw are great, low carb, sides for this meal. 3 grams carb per 1 salmon pattie

Crab Cakes

- 1 large egg
- 2 TBSP (light) mayonnaise
- 2 tsp Dijon mustard
- ¼ tsp ground black pepper
- Pinch of salt
- Pinch of cayenne pepper
- ¼ cup chopped scallions
- 12 to 14 oz lump crabmeat, drained and picked clean
- ¾ cup panko breadcrumbs
- 2 TBSP olive oil
- Lemon wedges for serving

Whisk egg, mayonnaise, mustard, pepper, salt and cayenne in a medium bowl until well combined. Stir in scallions. Add crabmeat and panko; stir gently to combine. Form the mixture into four ½-inch thick patties.

Heat oil in a large skillet over medium-high heat. Add the crab cakes and cook, turning once, until golden brown, about 4 to 5 minutes per side, adjusting heat as necessary so they don't burn. Serve with lemon wedges. 3 grams of carb per 1 crab cake.



JOYCHURCH
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Save the Date
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BLOCK PARTY

August 10th (rain date Aug 17)
12:00 - 4:00 pm, at Drake Field

Free cookout, music, face painting, games, bounce house

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Join the Pittsfield Players for a Live Reading of *A Time to Gather Stones*

Wednesday, July 17 at 6:30pm at the Scenic Theatre.

Author George Kelly will graciously share his work with The Pittsfield Players in hopes of bringing this production as a world premier to the Scenic Stage in 2025. Come be a part of this experience of historical importance by participating in this live reading with the author!

A Time to Gather Stones, is based on an actual incident which occurred on October 4th, 1875. Josie Langmaid, a 17-year-old student at Pembroke Academy, in Pembroke, New Hampshire, was on her way to the school. She was abducted by a French-Canadian woodcutter who raped, murdered, and dismembered her. The grizzly affair made national news. An equally grizzly monument still exists opposite Pembroke Academy.

I have spent many hours reading old copies of the Concord Monitor, then called the Monitor-Patriot, researching the murder and its immediate aftermath. My play, though based on the incident, is fiction. What it concerns, however, are issues that I discovered "between the lines" – social issues that were just below the surface but forced into the light by the horrific circumstances of the murder.

Prejudice against the immigrant woodcutters who were French Canadian, is obvious. Vigilante justice is also present, as is unsubstantiated accusation, and circumstantial evidence that convicted the accused. The verdict was overturned by the New Hampshire Supreme Court and returned for a new trial. Ultimately, the conviction of guilt was upheld, and the accused was hanged. In a modern courtroom, the suspicion of reasonable doubt would have prevailed.

In a post-Civil War community, Blind Justice presides over a courtroom and a community with its lingering prejudices. It also puts a human face on a trial and its participants: the panic, the suspicion, the ambition of some involved, and the ultimate outcome, all rest on circumstances – either imagined or real. The issue of capital punishment is also presented.

Though the play is set in the 1800's, issues that our present society are grappling with are in every scene. In short, this production, save its historic setting, is contemporary and timely. My play is set in a courtroom, but scenes shift rapidly between the community, its mores, and its population. It is conceived as a one and a half hour presentation, without an intermission. The audience is the jury.

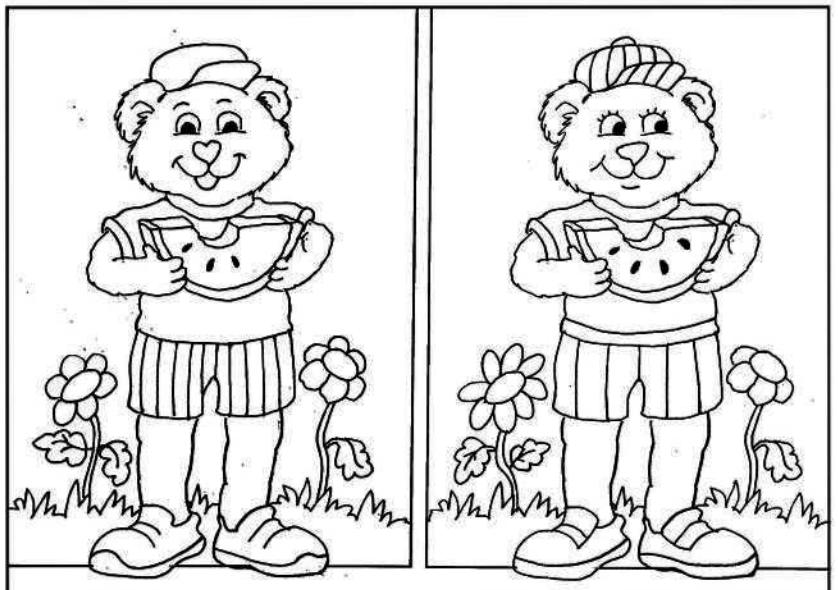
There is a large cast list. There are six major roles, and a number of minor ones. As the play is structured, it would be easy enough to double and triple cast minor parts. Ultimately, the play may be summed up as a courtroom drama with compelling characters who are trying to find meaning in the chaos of tragedy." *Meggin Dail and George Kelly for the Pittsfield Players*

Start Your Old Home Day with the Firefighters Association Breakfast

All you can eat. Pancakes, Scrambled Eggs, Sausage, Ham and Home Fries.

7-10am at the Fire Station
Donations Appreciated

Bear with Watermelon Find the Differences.



Can you find 14 different things in these pictures? Answers on page six.

Gabriel Douglas Anthony 21 Foundation Fundraising Events

On Friday December 15, 2023, Gabriel (known to everyone as Gabe) enjoyed a day of snowboarding with friends at Waterville Valley Ski Resort. That evening, on his way home, Gabe's car broke down on Route 93 South in Sanbornton NH. Gabe pulled off the road and turned on his emergency flashers. While working on his car, waiting for a tow truck, Gabe's car was struck by another vehicle. Gabe was pronounced dead at the scene. He was 24 years old!

Skip ahead to Friday March 4, 2024. Gabe's father, Rick Anthony, a teacher at Pittsfield Middle High School, was listening to a conversation in his 11th grade advisory. Students were talking about how their cars had broken down since they had gotten their licenses. Mr. Anthony asked them if anyone had LED roadside flares in their cars, none of the students did, or even knew what they were. After that conversation, Mr. Anthony went on-line and purchased a set of 3 LED roadside flares for each of his 10 advisees. This is when he had an epiphany: All high school aged drivers should have a set of LED roadside flares in their vehicles because it is not a question of "IF" they will break down, it is a matter of "WHEN" they will break down! So the Gabriel Douglas Anthony 21 Foundation was born!

The goal of the Foundation is to help keep young drivers safe when their vehicles break down, so that no family has to experience the grief and pain the Anthony family and the entire Pittsfield community has had to endure. The mission is to give a set of 3 LED roadside flares to every high school aged driver in New Hampshire. If you're passionate about making a difference, join our team and become part of the GDA21 Foundation family. We're always looking for dedicated individuals to help us achieve our goals. For more information, or to make a donation, go to <https://gda21foundation.org>. Checks can be mailed to the foundation at 98 Main Street, Pittsfield, NH 03263.

On July 21 join the Gabriel Douglas Anthony 21 Foundation at the New Hampshire Muscle Cars "Summer Sizzler" Car show at Star Speedway in Epping NH! The Foundation is the designated charity for the event. Money raised in the 50 - 50 raffle will go directly to the Foundation and there will be a booth selling the LED roadside flares, selling t-shirts, and collecting donations. For more information go to: www.nhmusclecars.com

The Foundation will also have a booth at the Suncook Valley Rotary Balloon Rally on August 2-4. The booth will host a raffle, sell LED roadside flares, sell t-shirts, and collect donations. For more information on the Balloon Rally go to: <https://nhballoonrally.org>

"If this foundation makes it so 1 family does not have to experience what we have gone through, it means Gabe's death was not in vain." *Rick Anthony for the GDA21 Foundation*

Answers

- 1 nose
- 2 Seeds
- 3 Flower stems
- 4 Flower petals on left
- 5 Leaves
- 6 Stripes on shorts
- 7 Cap
- 8 T-shirt
- 9 Eyelashes
- 10 Eyes
- 11 Eye brows
- 12 Mouth
- 13 Shoes—sole
- 14 Shoes—top

Want to see the pictures in color?

Subscribe to receive the Post by Email by scanning the QR code. Or go to:



www.pittsfieldnhcommunitycenter.org

Express your Opinion!

Do you have opinions or questions you would like to share?

Submission Guidelines

- ▶ Identify yourself and provide contact information.
- ▶ 300 words or less; exceptional information may exceed the word limit at the discretion of the Post Content Team.
- ▶ Topics may include events, issues, and opportunities about or affecting Pittsfield.
- ▶ Please be civil, factual, specific, and clear. No submission is guaranteed publication.

Deadline is 9 a.m. on Friday via pittsfieldnews@pnhcc.org

The Post Volunteers



Grandpa's Farm



Pick Your Own Blueberries

143 Clough Hill Road

Loudon, NH 03307

603-783-5690

Hours: Daily 7am to dusk unless closed for ripening. Always check Facebook!

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 - **Show Time:** Theater & performing arts program

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 - **School Culture:** Emphasizing respect, responsibility, self-discipline & perseverance

Come by our table at Pittsfield Balloon Rally to find out more! Scan the QR code above for our website & more information.

*** adding a grade each year after**

PITTSFIELD OLD HOME DAY and COMMUNITY FAIR

SATURDAY • JULY 20, 2024

ADVENTURE *begins with you!*



SATURDAY, JULY 20, 2024

• Main St will be closed from 8am - 2pm •

7:00 am - **BREAKFAST at the Fire Station** - Cost by Donation
10:00 am (pancakes, scrambled eggs, ham, sausage, drink)
Put on by the Pittsfield Fire Association & Support Group

DUSTIN PARK

9:00 am **Park Street Baptist Church Booth** -
Coffee & Baked Goods

9:00 am **St. Stephen's Church Sidewalk Cafe** -
Joe's Famous Hot Dogs and More

VENDOR CRAFT FAIR

* Over 50 vendors, crafters, businesses and non-profits
* Kids Games * Bubble Station

FACE PAINTING -

Sponsored by NH Water Solutions

CARICATURE ARTIST -

Sponsored by Bell Brothers

9:00 am **S'MORE SWEET ADVENTURES**
Sponsored by Victory Workers 4-H
Public Invited - Cash Prizes for Winning Entries
\$1 for Tasting and Voting

9:00 am - **CAR SHOW ON MAIN STREET**
10:30 am All are invited to bring their classic, vintage, hot rod car
or truck. No entry fee - cars and trucks are invited to
join in the parade

9:00 am - **FOOD TRUCKS AVAILABLE**
1:00 pm

10:00 am - **MUSIC by Don Smith**
11:00 am

9:00 am - **BALLOONS BY MICHELLE- Balloon Twister**
11:00 am On-site making FREE balloon art for kids

9:00 am - **HISTORICAL SOCIETY MUSEUM OPEN - Oak Street**
1:00 pm Stop in and check out all the great local artifacts

11:30 am - **MUSIC by Jackie Lee**
1:30 pm

10:45 am **KIDS BIKE PARADE - Main Street**
Decorate your bike, scooter or wagon.
Bring to Main St at 10:30 for the Parade.
Prizes for top 3 winners!!

11:00 am **PARADE** *Adventure begins with you!*

** Route Change ** Start Clark St - Main St. - Elm St.
Depot St. - Cross Carroll to Catamount and end
at Clark Street

Pittsfield's Citizen of the Year - Decorated Floats
Fire Trucks

THE FUN CONTINUES!!!!

12:00 - **F.B. ARGUE RECREATION AREA (Town Pool)**
5:00 pm

12:00 - **COOKOUT** - \$5/person - one burger/cheeseburger, chips, drink
3:00 pm - \$3/person - one hotdog, chips, drink

FREE SWIM

1:00 pm **ANIMAL ENCOUNTERS**

2:00 pm **LITTLE RED WAGON THEATRE GROUP**
presents "Treasure Island"

3:00 pm **DUCK RACE!** Sponsored by and money raised for the PMHS
Girls Basketball Program. \$5 per Duck or 3 for \$10. One
prize for 1/2 the money collected. 500 Ducks are waiting!
For tickets, contact: Coach Logan LaRoche
llaroche@sau51.org

***** DRAKE FIELD *****

5:30 - **FOOD TRUCKS AVAILABLE**
9:00 pm

6:00 - **K9 DEMO**
7:00 pm

7:00 - **OUTDOOR GAMES - DROP IN KICKBALL GAME**
8:00 pm **BYO GAMES**

8:00 pm **NEVERS BAND CONCERT**
Bring a chair or blanket and join us by the Tennis Courts
for a great concert!

7:00 - **S'MORES STATION** - Kits available \$1 each
9:00 pm

DUSK **FIREWORKS**
Approx. Bring a chair or blanket
9:15 pm